



June Newsletter

Principal's Message

Dear Parents and Guardians:

As the 2010-2011 school year draws to a close, we are busily planning for the next school year. This year has been a busy one and we hope that it has been a successful one for your child. At this point, I would like to advise you of some important dates and some changes that will be taking place next year.

All students will have their timetables for next year before the school year ends. It is important that they study their timetable and make appointments with their student services teacher to make any changes before the end of the year. Student service teachers will also be available before classes begin on Sept. 23-24. This is another opportunity to make schedule changes to ensure that students do not miss any class instruction time.

In order to offset the high cost, loss, and normal wear and tear of textbooks, ESPHS is instituting a refundable book deposit as of August 2011.

--A refundable \$100.00 book deposit will be collected at the time of student registration or admission.

--Upon receipt of the deposit, student will receive all the necessary textbooks for each course for each semester.

--If textbooks are damaged or go missing, the cost of the text will be deducted from the book deposit and the deposit may be forfeited. Any additional costs exceeding the deposit must also be paid.

--The book deposit balance must be restored to \$100.00 at the beginning of each school year.

--It is the responsibility of student/parent to collect the deposit fee once books are handed in for the last time before leaving the school. Cheques will be issued in parents or guardians name unless other notification is given.

If a student wishes to have a student ID that gives them discount rates at school functions, the additional charge is \$40.00 and the cost for a locker is \$15.00. There is also a \$20.00 fee for any off campus sports academy to cover transportation costs.

If you have any difficulty meeting these financial requirements do not hesitate to contact me and we can make payment arrangements.

I would like to draw your attention to some important dates to keep in mind:

August 29—Registration Day
August 30—First day of Classes

September 2—Last day to change Classes
September 8—Meet the Teachers and Welcome Back Barbeque

September 19—Staff Retreat—No school for students
September 23—School Photos

That brings us to the end of September and another school year will be well on its way. Again, please do not hesitate to contact myself, Mr. Stewart or Mr. Reid if we can be of assistance in any way. With the dedication and effort of our excellent staff and your support, we know that the 2011-12 school year will be a great one for your child, our student.

Sincerely,

Coleen McDonald, Principal, Ecole St. Patrick High School

REPORT CARDS

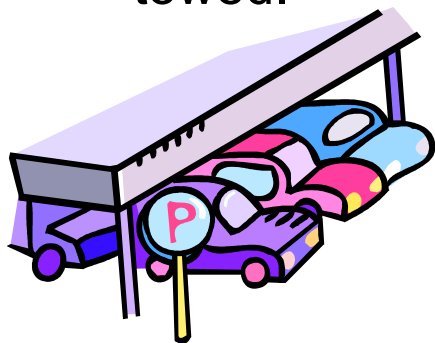
It has been the practice in the past that final report cards are mailed home. However, due to the service interruption by Canada Post, this may not happen this year. If service resumes prior to June 30 we will send report cards by mail. If service has not been resumed, report cards can be picked up at the Yellowknife Catholic Schools office located at 5124 49th Street, beginning July 4. We apologize for any inconvenience this may cause.

Student Services will be doing early registrations/timetables on Tuesday, August 23 and Wednesday, August 24. Book an appointment at 873-4888 beginning August 15, or drop-ins are welcome. Get your timetable early to ensure that you get the classes and courses that you want. Regular registration will take place August 29.

Happiness often sneaks in through a door you didn't know you left open.
~John Barrymore

STUDENT PARKING

If you have not paid for a parking spot you cannot park in the student parking lot. Violators will be towed.



REMINDER:

The office phone is for emergency use only. There are two payphones in the school for student use.



All outstanding textbooks and library books must be returned/paid for before registration. Books may be dropped off at the office anytime after August 15.

Friendship is unnecessary, like philosophy, like art.... It has no survival value; rather it is one of those things that give value to survival.
~C.S. Lewis

Movie passes for sale - \$8 only - they are good for ANY movie (even the ones that say, no passes allowed), ANY time (they don't expire). See Susan Huvenaars to purchase - these make great stocking stuffers, gifts and rewards!



ATTENDANCE

If your child will be absent from school or late due to an appointment please inform the main office by sending a note or by calling the office at 873-4888.

If a student needs to leave during class time permission is required. Students will not be allowed to sign out unless they have a note or a phone call from a parent or guardian excusing them.

If you are concerned about your child's attendance please contact the office and we can fax or email you an attendance report.

NUTRITION AND HEALTHY FOODS POLICY

Philosophy:

The school environment has great potential to influence many lifestyle choices. Research is clearly identifying the links between poor eating habits and the development of chronic diseases such as diabetes, cancer, heart disease, dental caries and osteoporosis. A strong, clear message about the importance of healthy eating will enhance the health messages in the classroom curriculum. These habits can strongly impact the health of our students now and later on in life.

Thus, St. Patrick High School will first and foremost promote nutritious food choices.

Goal:

The policy is intended to set out guidelines that encourage students to develop good eating habits by providing food services that feature nutritious foods and nutrition education programs and activities.

Definitions:

Food Services include foods and beverages sold and distributed from the Rock Cafe, canteens at dances and school, sporting tournaments, vending machines, and any other school related activities.

Nutritious foods include only those foods from the four food groups of Canada's Food Guide and Canada's guidelines for Healthy Eating and those foods listed in the Appendix adopted from *Guide to Food Choices* from the Eastern School District Healthy Eating Regulations, PEI

FMNV--foods of minimal Nutritional Value

Guidelines:

1. All School Food Services will follow Canada's Guidelines for Healthy Eating in order to ensure the nutritional needs of students are met, and will not sell or distribute Foods of Minimal Nutritional Value. (FMNV) (Every effort will be made to provide foods listed on the Canada foods guide and Canada's Guideline for Healthy Eating and the aforementioned appendix from Eastern School District PEI.)
2. Students will have access to nutritional foods before school, during breaks and at lunch.
3. This policy does not restrict what parents may provide in student lunches.
4. Coordination of food/beverages based fundraising events will be approved by administration.
5. On special occasions (Christmas, Valentines Day, semester end, Halloween **etc.**), administration may approve foods/beverages of lesser nutritional value.
6. School/district approved field trips will include healthy choices, as much as possible.

If we're not willing to settle for junk living, we certainly shouldn't settle for junk food.
~Sally Edwards

Yellowknife Book Cellar Book Worm Stamps

Do you save bookworm stamps and then lose the card? Why not ask the YK Book Cellar Staff to place your stamp on Ecole St. Patrick's card. You will be making a very valuable contribution to encourage students to read. We will use the bookworm stamps to purchase gift certificates for students to encourage literacy. You are putting books directly into the hands of our students.

**REGISTRATIONS ARE BEING TAKEN
for our
Bilingual Pre-School Program at
Ecole St. Joseph School**

**Children must be 4 years of age on or
before December 31, 2011.
Daycare fees apply.
For more information, please contact
the school at 920-2112.**

**KINDERGARTEN REGISTRATIONS ARE
BEING ACCEPTED AT
Ecole St. Joseph School
and
Weledah Catholic school**

**FOR THE
2011-2012 school year**

**Children who will be five (5) years of
age on or before December 31, 2011
(birth year 2006) are eligible to attend
Kindergarten for the 2011/2012
school year.**

**Registration forms are available on our
website: www.ycs.nt.ca**

**Do we have your
correct
address?**

End of semester report cards
(February and June) are mailed
home. Please call the school or
log in to the Parent Assist
system to confirm.

**Clean Up Your
Room!**

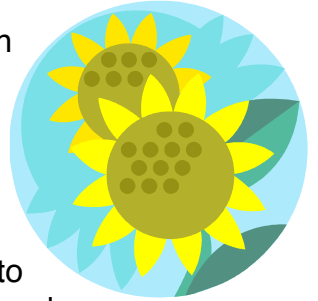
Is your room full of magazines
and books worth sharing? Bring
them to the Media Centre and
we will make sure they are put
to good use.

Thank you to Larry Connolly
and Megan Welsh for the
donations of novels and to
Arianna Sartor-Pielak and Barb
Kardash for donations of
magazines. We would also like
to thank all those who made
donations throughout the year
to our S.T.A.R. Program.

Learning is a treasure that will follow its owner everywhere.
~Chinese Proverb

~ *Living Faith* ~
Summer Blessing

Summer's a great time to experience this world, and to look and listen for God in a special place far from the interference of civilization. A boat on the water is a wonderful place to appreciate the blessings of summer. But, for you, it might be a hike in the mountains or camping in a forest. Your favorite summer place might be a stretch of beach, a country road, a bike path, your backyard garden or a picnic blanket in a park. God created summer and has filled the season with wonders to behold if only we take the time to look and listen. This summer, let's all make time to experience God in the stillness and beauty of the world He created before we created so many of the distractions that can separate us from Him. You just might hear in a birdsong, smell in a flower, see in a sunset, taste in a fresh ear of sweet corn, feel in a summer breeze, or notice in a comment from a child a lesson from God that will refresh and sustain you when you return to your daily routine. Let us Pray:



Take time to claim your strength; they are gifts of God.
Take time to have fun; it's God's way of teaching you your strengths.
Take time to grow yourself; only you can grow you.
Take time to trust yourself; God trusts you.
Take time to share with others; they will bless you, and you will bless them.
Take time to have hope, you are a child of God.

Let's put ourselves into the hands of the Lord,
and pray that God will bless us and our families
during the wonderful months of summer.
May we all help make our home a place of relaxation,
joy, love, peace and safety.
May we be generous and considerate,
not thinking only about ourselves,
but helping others enjoy the blessings of a summertime.

Lord God, Creator of all things,
guide our steps and strengthen our hearts,
during these months of summer and vacation days.
Grant us refreshment of mind and body.

We ask this through Christ our Lord.
Amen

Check out our website at
www.esphs.nt.ca

Atmosphere And Opportunity

We encourage students and staff to pick up and read any of the novels and magazines available in the spinner racks and cardboard displays in the hallway and cozy corners of the school. Please feel free to take these away to read and to return when you have finished or replace with one you have read and would like to share with others. Enjoy a selection of books for your summer reading!



Upcoming Community Literacy Events

Want some great summer reading? Check out the Yellowknife Public library and it's summer programs for young people.

Northwords

Northwords has begun an out reach program with the communities in order to ensure the communities have access to authors willing to do writers workshops with members of the community.

Highlights of the Northwards Writers Festival:

The Great Northern Canada Writing Contest results may be seen by checking the Northwords' website.

You will also learn about a new exciting project - **Anthology of NWT Writing**

"The NorthWords Writers Festival and De Beers Canada are inviting poetry, fiction and creative non-fiction submissions for a multi-genre Anthology of NWT writing to be published in 2012 or 2013."

[http://www.northwordsfestival.ca/NorthWords Writers Festival/Home.html](http://www.northwordsfestival.ca/NorthWords%20Writers%20Festival/Home.html)



THE ROYAL COMMONWEALTH SOCIETY
AT THE COMMONWEALTH CLUB

COMMONWEALTH VISION AWARDS 2011

Young people from around the Commonwealth are invited to enter the 2011 Commonwealth Vision (film) Awards, organised by the Royal Commonwealth Society in London

Extended deadline: Monday 1st August

Theme 2011

Young people are invited to make their voice heard on a global platform by engaging with the issues that mean the most to them. This year's Commonwealth theme is 'Women as Agents of Change' - we want entrants to think about the opportunities and barriers faced by women around the world and the roles they play in their family, community and nation. Our winners are often those making a film for the very first time and what we are looking for is a creative spark, a unique insight, or a new idea!

Prizes

Top prizes include monetary awards, film equipment, internships and submission to prestigious film festivals around the Commonwealth. In 2010, a selection of the filmmakers behind the judges' favourite entries were flown to London for workshops led by professional filmmakers, and to receive their prizes from the award winning filmmaker, Gurinder Chadha. Details of this year's top prize will be revealed at the end of June.

In 2010, the top prizes went to filmmakers from South Africa, Cameroon, Malaysia, Kenya, Canada and the United Kingdom. Take a look at their winning entries here: www.thercs.org/youth/visionfinalists. Gold, Silver and Bronze Awards are given to entrants in both the under-18 and 18-30 categories

Who can take part?

Entrants must be under 30 and from or resident in a Commonwealth country. Whether you shoot on 35mm or Mini DV - we want to see your film. Further information can be found here: www.thercs.org/youth/visionawardstakingpart.

How to enter

Make a film connected to the theme 'Women as Agents of Change' of up to 4 minutes long and submit it online by 1st August. www.rcsregister.org/public/index/index.

Alternatively, you can post the film on YouTube (or a similar site), and email the link together with a completed entry form to competitions@thercs.org. Postal entries can also be made by printing and completing the application form and sending it together with your entry, to the appropriate address. Download an entry form here: www.thercs.org/youth/visionawardsenterhere.

About

The Commonwealth Vision Awards promote excellence in filmmaking across the Commonwealth. Open to both actual and prospective film-makers, they inspire young people to think creatively about international issues and share their opinions with peers around the globe.

Applicants from rich and poor, large and small countries alike, submit story-board ideas in either written, picture or short film format, on a topic linked to the Commonwealth theme.

Check out our website www.thercs.org/youth/visionawards for more details and email competitions@thercs.org with any questions.

Library News



We are grateful for the donation of Bill Braden's book "On Good Ice: The evolution of Canada's Arctic Ice Road" by the Joint Venture Management Committee. A very interesting book showing the advances in machinery and technique to creating an ice road. It is wonderful to see photos and familiar names of people who were and are involved in the creation of our ice roads.

Author/illustrator **Janet Wilson** visited Ms. McGaughey's Art class on May 6th. Janet spoke about world issues and art as she presented her book "One Peace: True Stories of Young Activists", she demonstrated the creative process – from concept to publication, including the challenges, the importance of experimentation and a positive attitude as she sketched one of our students and spoke one on one with a student about choosing art as a career.

We were very fortunate that **Jan Andrews** agreed to take an hour out of her busy schedule as organizer of the Story Telling Conference here in Yellowknife to visit with our students. Jan's presentation "Let Me Tell You A Tale" brought to life those great works of literature, which bring us the wisdom of all ages and begin with "Once upon a time..." She shared stories from Canada and Western Europe, and spoke on the craft of being a good storyteller.

Our final presenters of the year were brought north by Northwords, Yellowknife's local writer's association for the annual Northwords Writer's Festival. We were fortunate to have Susan Jube (the "Alice MacLeod Trilogy" and her memoir "Nice Recovery"), Ted Staunton, (children's book "Puddleman" and the Young Adult books "Hope Springs Trilogy"), Amber Lee Kolson ("Wings of Glass"), local author, Jamie Bastedo ("Sila's Revenge" to mention one of many titles) and Charlotte Gray ("Gold Diggers, Striking it Rich in the Klondike"). Our students, and our guests the grade 8 class from Weledeh, were engaged and entertained by these authors as they shared stories from across Canada from the Yukon to Yellowknife, Smithers, BC, Port Credit, ON, and on to Sable Island, NS.

Want to check your children's attendance? Need to update contact or medical information? You can now do so using our Parent Assistant module. Login at: <http://esisweb.ece.gov.nt.ca> Your login and password can be obtained by calling the main office at 873-4888.

*Then followed that beautiful season... Summer....
Filled was the air with a dreamy and magical light; and the landscape
Lay as if new created in all the freshness of childhood.
~Henry Wadsworth Longfellow*



St. Pat's SADD

eat yellow snow

use a hairdryer
in the bathtub

"here bear, c'mon bear"



St. Pat's SADD

It's legal but you know it's foolish,

so you don't do it...

dive in the
shallow end

lick a frozen pole

run with scissors

cut your hair
with a chainsaw

microwave tinfoil

golf during a
lightning storm

play catch
with a knife

poke a beehive
with a stick

put your finger in
an electrical outlet

**SO
WHY
would**

**you use a
cell phone
while**

DRIVING?



Your business call won't seem so important
if you hurt or kill a child.

KEEP US SAFE

- DON'T BE A DISTRACTED DRIVER.

On Tuesday, October 19, St. Pat's SADD recognized
National Students Against Impaired
and Distracted Driving (NSAIDD) Day.

We would also like to thank
BHP Billiton and
Top of the World Travel
for their initiatives in the area of
cell phoning and driving awareness.



St. Pat's SADD



St. Pat's SADD